

What is claimed is:

1.

A telescoping form for forming a void in poured concrete comprising:

an upper section defined by a plurality of sides, the upper section of plastic composition; and  
a lower section capable of telescoping into the upper section, the lower section of plastic composition.

2.

The telescoping form of claim 1 wherein the plastic composition of the upper section and the lower section is PVC.

3.

The telescoping form of claim 1 further comprising a lid removably mounted on the upper section of the form.

4.

The telescoping form of claim 3 wherein the lid further comprises a plurality of cross ribs.

5.

The telescoping form of claim 3 wherein the lid further comprises a finger hole for facilitating removal of the lid.

6.

The telescoping form of claim 1 further comprising a lip on the upper section for receiving a lid.

7.

The telescoping form of claim 1 further comprising a lip on the upper section and a lip on the lower section, the lip on the upper section and the lip on the lower section contacting in a fully extended telescoping position.

8.

A method of providing access to equipment placed under a cement floor comprising:

placing a telescoping form in an area to be surrounded on one or more sides by cement;  
adjusting the depth of the telescoping form; and  
pouring cement in the area surrounding the form, securing the form in a permanent position.

9.

The method of claim 8 further comprising pouring cement in a void created by the form to create a bottom.

10.

The method of claim 8 further comprising placing a lid on the telescoping form prior to the concrete hardening.